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The Healthy Home:
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Summary: "The
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which combines the

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elements of green living and personal well-being. It showcases interiors that promote the homeowner's physical, mental and spiritual health. Topics include noise-pollution, energy-efficient lighting and feng shui.

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advice on how to enhance and protect physical, mental, and spiritual health by creating a toxin-free home environment that inspires relaxation and harmony.

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How to give your home
a wellness makeover
Use indoor plants to
boost your mood and
improve air quality

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Having lots of greenery in a home is an obvious and easy stimulant to our overall wellbeing and health. They have tons of wellness benefits, from improving the air quality (by taking in carbon dioxide and releasing oxygen) to regulating humidity.

**Healthy home,
healthy you:
Wellness-focused
interior ...**

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The Healthy Home -
Natural Interiors - 1525

N Rouse Ave,
Bozeman, Montana
59715 - Rated 4.8

based on 10 Reviews

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came across an
apartment promising to
be the "healthiest in
New York City," I was

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intrigued. ... and
everyone spends the
most amount of time in
their own home,"
reasons ...

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Owns a Unit in this
Health-Centric
Condo**

It doesn't matter what
kind of furniture is in a
home with if the color
palette is not pleasing.
Choose bold, bright,
neutral or serene, just
make sure the colors

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are complementary.
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Give thought to the
Environment And
walls, decor, flooring or
Your Well Being
floor coverings, and
furnishings and
accessories. A calming,
yet unexpected color
palette and decor
style.

20 Elements You Need To Make Your Home Beautiful

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decor inspiration and
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Home Decorating
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all-Make your home
healthier, happier and
more beautiful! The
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wonderful job inspiring
you to create beautiful
interiors that will
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health- and she gives

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you the practical
information and the
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Using a bold color
combination of
lavender, chartreuse,
and aqua, designer Pat
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totally transformed the
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considers the impact of
every element of a
home on its
inhabitants' quality of
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Go inside chic and
stylish houses and get
design inspiration for
your own home.

Best Interior Design Ideas - Beautiful Home Design Inspiration

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Promotes wellness *
Leaves the least
impact to our global
environment * Is
energy and water
efficient * Has easy
and healthy
maintenance * Is
esthetically and
psychologically
pleasing * Is designed
from conception using
holistic, harmonious
and sustainable
principles?

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Healthy Living Interiors - Interior Design That Is Healthy ...

Who doesn't want to live in a healthy yet beautiful home? You may have a beautiful home, but that doesn't necessarily mean that it's healthy. ... Your Healthy, Beautiful Home Interior Bible.

Your Healthy, Beautiful Home

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U.S. News & World
Report analyzes a
vehicle's interior
comfort, features,
styling, build quality,
and cargo room.

Scores can change as
new information
becomes available, so
the results shown on
the following pages
may not match those
on individual vehicle
review pages. Read on
to find out which
brands offer the best

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interiors for 2020.

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Your WellBeing
**15 Car Brands With
the Nicest Interiors
for 2020 | U.S ...**

The most beautiful
interiors in New York
City, mapped These
are the NYC spaces
that take our breath
away By Amy Plitt and
Zoe Rosenberg
Updated Jan 29, 2020,
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interiors in New**

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create beautiful,
functional and healthy
interiors that make you
feel good.
Your Well Being

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